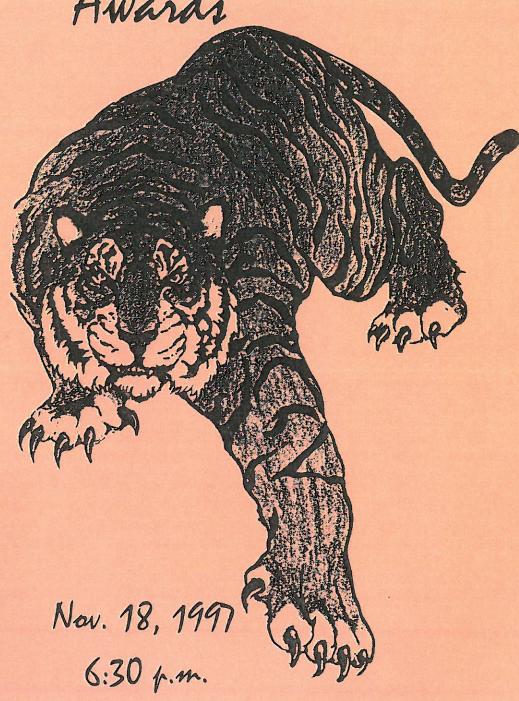
Seneca East High School Fall Sports Awards



SCRECA CAST HIGH SCHOOL 1997 GIRLS CROSS COURTRY TEAM

<u>Name</u>	<u>Grade</u>	Year	Ave. Time	Best Race							
Miranda Alt Amanda Fries Stephanie Fries	Senior Senior *Senior	4th Year 3rd Year 4th Year	23:18 24:33	Galion M.A.L.							
Jessica Kimmett	Senior	3rd Year	21:04 23:30	M.A.L. Regional							
Laura Lambert	Senior	4th Year	21:55	M.A.L.							
Abby Phillips	Senior	4th Year	19:38	M.A.L.							
Lindsay Ranker	*Senior	2nd Year	20:13	Medina							
Niki Hines	Junior	3rd Year	19:48	District							
Melissa Moomaw	Junior	3rd Year	22:02	Galion							
Briana Shook	*Junior	2nd Year	18:12	State							
Madelyn Fries	Soph	2nd Year	21:07	Galion							
Margo Phillips	Soph	2nd Year	21:36	Galion							
Sarah Reiter	Soph	2nd Year	20:43	District							
Sheena Lambert	Fresh.	1st Year	22:40	Galion							
Jennifer Niedermier	Fresh.	1st Year	21:06	State							
Sarah Ruffing	Fresh.	1st Year	20:04	M.A.L.							
* Captains											
Mileage Club Winners											
300 Miles											
Briana Shook	390	Jenn	ifer Niedermier	305							
Madelyn Fries	3 4 6	Saral	n Ruffing	3 0 4							
Niki Hines			sa Moomaw	3 0 1							
Jessica Kimmet	3 3 1										
Stephanie Fries	3 2 3										
Laura Lambert	3 2 3		400 Miles	-							
Sarah Reiter	3 1 5			400							
Amanda Fries	312	Abby	Abby Phillips								
Lindsay Ranker Miranda Alt	311										
WITAIIUA AIT	3 1 0	7									

Overall Record:

Varsity 172-4 B-Team 114-45

^{* 3} of these losses were to Division 1 Schools

	<u>Varsity</u>		ار. Varsity
1 s t 4 t h 1 s t 1 s t 1 s t 1 s t	(Red Div.) (Div.1-A) (Div.III) (Red Div.) (Seeded) (Div.III)	Columbus Grove Inv. Tiffin Carnival Galion Inv. Malone Inv. McQuaid Inv. New York Medina Festival	1st (J.V.) 10th (Div.III) 4th (Div.III) 14th (Red.Div.) 9th (unseeded) 11th (Div.III)
1st -	M.A.L. District Regional State		

Individual Honors

All Ohio

Briana Shook (1st)

Niki Hines (22nd)

1st Team All District

Briana Shook (1st)	Niki Hines (2nd)
Abby Phillips (3rd)	Sarah Ruffing (4th)
Lindsay Ranker (6th)	

2nd Team All District

Sarah Reiter (8th) Stephanie Fries (10th)

1st Team M.A.L.

Briana Shook (1st)	Abby Phillips (2nd)
Sarah Ruffing (3rd)	Niki Hines (5th)
Lindsay Ranker (7th)	s

2nd Team M.A. L.

Sarah Reiter (11th) Madelyn Fries (13th)

Seneca East High School Boy's Cross Country Team

Matt Benner Arick Dentinger Aaron Hay Vincent Fries	Sr. Sr. Sr.	4th Year Award 4th Year Award 4th Year Award 4th Year Award
Morgan Gillett	Jr.	3rd Year Award
Scott Elmlinger	Jr.	3rd Year Award
Matt Moomaw	Jr.	3rd Year Award
Chris Biller	Soph.	2nd Year Award
Wayne Carrick	Soph.	2nd Year Award
Elijah Kimmet	Soph.	2nd Year Award
Justin Moomaw	Fresh.	1st Year Award
Mike Kessler	Fresh.	1st Year Award
Brandon Kimmet	Fresh.	Participation Certificate
Chris Slessman	Fresh.	Participation Certificate

Co-Captain(s) Matt Benner
Vincent Fries
Aaron Hay
Arick Dentinger

SENECA EAST CROSS COUNTRY

					COL.	COL. GROVE TIFFIN		CARN GALIO		N MALO		NE	
NAMES		LOST		1ST 1	1ST 13-0		8TH 38-7		1ST 65-7		5-11]	
												7	
- 1	VINCE	-	2ND 1					6:14 1ST 1		5:41 5TH 1		6:21]
]	AARO	V	4TH 1	6:59	2ND 1	6:49	8TH 1	BTH 16:20 8		8TH.16:33		11TH 16:40	
MORGAN 6TH 1				7:22			21ST 17:00		99TH 18:08		1		
	SCOT	T	9TH 1	8:48	4TH 1	7:17	80TH	17:32	23RD	17:04	59TH	17:39	1
ļ	CHRIS	В.	12TH	_		I.V. 18:02	103R	7:46	32ND	17:19	59TH	17:39	1
	ARICK		8TH 1	8:43	18TH	18:01	159TH	1 18:25	36TH	17:27	89TH	18:01	1
1	MATT	-	11TH	18:51	13TH	17:47	197TH	1 18:58	58TH	17:48	148Th	1 19:17	1
	MATT	М.	10TH	18:50	37TH	18:35	36TH	17:39	84TH	18:10	116TH	1 18:27	1
- 1	JUSTIN		17TH	20:15	8TH J	.V. 18:50	8:50 100TH 18:		1 18:46 108TH		139TH	139TH 18:59	
	WAYN	E	19TH 20:51		3RD J	I.V. 18:25 131ST 8:45 108TH	Г 19:00 64TH 1	17:53	91ST	18:02	1		
	ELIJAH			15TH 20:01			108TH 18:50		72ND 18:01		152ND	19:23	1
L	MIKE P	(. .	20TH	21:14	28TH	19:51	169TH 19:32		137TH	19:35	160TH	1 19:45	1
	BRAND		24TH	23:15	103RD	22:21	257TH	1 22:42 184TH		21:45	179TH	1 22:14	1
	CHRIS	S.	GOT L	OST	116TH	22:53	263RE	23:26	186TH	22:05	180TH	1 22:26	1
		MCQUAID)E	MEDINA		M.A.L.	8	DISTRICT		REGIONA	\L	STATE	
		2ND 109-	12	1ST 125	-12	1ST 134-	12	1ST 146-	12	1ST 156-	12	2ND 170	-13
MES					* 1								
CENT		2ND 15:1	9	1ST 16:0	ST 16:03		4	1ST 15:4	ST 15:42		1ST 15:43		0
RON		7TH 15:5	3	2ND 16:1	16	2ND 16:1			6	4th 16:17			-
ORGAN 70TH 17:25		25 .	12TH 17:33		26TH 17:			14	24TH 17:20		32ND 17		
OTT 30TH 16:38		38	5TH 17:15		7TH 16:37		5TH 16:45		13TH 16:49		36TH 17		
RIS B.		47TH 16:	57	19TH 17:53		10TH 17:					17TH 17:00		
RICK 44TH 16:5		55	15TH 17:45				24TH 18:	4TH 18:09 41ST 17:4					
TT B.		27TH 18:	40	20TH 17:55		32ND 17:55		OPEN 18:34		OPEN 18:53		DNR	
ΠМ.		1ST 17:1	5	24TH 18:09 41ST 18:43				17TH 17:45 OPEN 18:14		49TH 17:		93RD 18:28	:28
STIN		2ND 17:4	7							OPEN 18:19		DNR	
YNE		90TH 17:	44	57TH 19:22		DNR		OPEN 18:04		OPEN 19:01		DNR	
JAH		21ST 18:	27	152ND 19:23		DNR		OPEN 19:15		OPEN 20:18		DNR	
ŒK.		13TH 18:	17	81ST 20:09				OPEN 19:28 OPEN 19					
ANDON	1	85TH 20:	38	103RD 22:11		OPEN 20:52				OPEN 22:		DNR	
RIS S.		92ND 20:	50	104TH 22:38		OPEN 20:53		OPEN 22:16		OPEN 22:18		DNR	
				AVE: 5 T	IMES	MILEAGE	CLUB	LETTER		TEAM PO			
		NAMES]	
VII AA MC SC		VINCENT		*15:44*		506 MILES		*7750*		1ST MAN			
		AARON		*16:14*		512 MILE	S	*6070*		2ND MAN			
		MORGAN		*17:13*		501 MILE	S	*3510*		4TH MAN		1	
		SCOTT					508 MILES		*3915*		3RD MAN		
		CHRIS B.		*17:21*		472 MILE	S	*3730*		5TH MAN		1	
		ARICK *17:34*			504 MILE	S	*3405*		6TH MAN				
MATT		MATT B.				500 MILE	S	*2400*	10TH MAN			1	
		MATT M.		*17:50*		470 MILE	S	*3315*		7TH MAN			
		JUSTIN		*18:23*		415 MILE	S	*1960*		9TH MAN			
		WAYNE	•	*18:16*		453 MILE	S	*1590*		8TH MAN			
		ELIJAH		*18:38*		482 MILES				11TH MAI			
M		MIKE K.		*19:29*		412 MILE	S	*1566*		12TH MAI			
		BRANDON	1	*21:47*		411 MILE		1		13TH MAI			
		CHBIS S		*21.50*		254 MILEC		14401					

413

254 MILES

14TH MAN

CHRIS S.

21:59