

# Seneca East Cross Country

## Alumni Newsletter ~ Season Review 2018

Hello Seneca East Cross Country Alumni:

The 2018 cross country season has come to an end. This season was yet another successful campaign for our program at all levels. The program numbered over 100 elementary runners once again, and 54 junior high/high school runners!

To kick off the 2018 season we hosted “The” Tiger Classic for the 6th year in a row. The meet has become one of the biggest opening weekend meets in all of Ohio, and included teams from all around the state once again! Many alumni, families, and community members played an integral part in the success of this meet! It is our goal, in the years to come, to continue to grow this into one of the premier meets in all of Ohio!

The high school girls had an outstanding season earning the girls’ program its 20<sup>th</sup> league championship overall by claiming stake to the N-10 Championship knocking off defending league champion Upper Sandusky by two points. The girls also qualified for the regional meet for the 4<sup>th</sup> consecutive season and finished with an overall record of 113-58. The junior high girls also had a successful season as they placed in the top 3 of many meets. They finished with an overall record of 81-29 and were mainly 7<sup>th</sup> grade runners (only two 8<sup>th</sup> grade runners).

The high school boys had yet another successful season finishing with an overall record of 76-63 despite having only one senior on the team. The boys finished 3<sup>rd</sup> place at the league meet and the young runners made great improvements in the latter half of the season as the majority of the team set new PR’s in the league and district championship races. The junior high boys had a dominating season as they finished with an overall record of 95-7! The boys won numerous meets and finished as the 2018 N-10 Champions!

On top of all of the success, 46 out of the 54 runners in junior high and high school earned the SECC Academic Award (given to runners with a 1<sup>st</sup> Quarter GPA of 3.0 or greater). Our overall program GPA for the 1<sup>st</sup> Quarter was a respectful 3.49. This is an outstanding achievement for these student athletes as they represent the program in a positive manner, both in the classroom and on the course!

We would like to thank all of our alumni for the support you provided throughout the 2018 season! Many of you provided assistance in different ways, and with your continued backing we are looking forward to representing the “tradition” of the Seneca East Cross Country Program in the years to come!

We are SECC!



### “PEOPLE”



### “TRADITION”



### “EXCELLENCE”