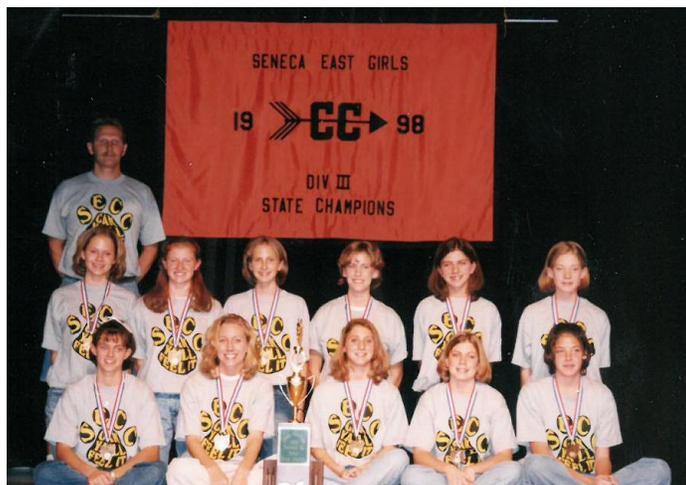


# Seneca East Cross Country

## Alumni Newsletter Season Review 2016



### “PEOPLE”



### “TRADITION”



### “EXCELLENCE”

Hello Seneca East Cross Country Alumni:

The 2016 cross country season has come to an end. This season was yet another successful campaign for our program at all levels. The program numbered a record setting 120 elementary runners and a record setting 56 junior high/high school runners!

To kick off the 2016 season we hosted “The” Tiger Classic for the fourth year in a row. The meet has become one of the biggest opening weekend meets in all of Ohio, was covered by the National T&F Website Milesplit, and numbered close to 60 teams this season! Many alumni, families, and community members played an integral part in the success of this meet! It is our goal, in the years to come, to continue to grow this into one of the premier meets in all of Ohio!

The high school girls had a young team this season consisting of only three seniors and no fourth year runners. The girls ended the season with an overall record of 96-65. Despite the youth, the girls finished 3<sup>rd</sup> at the league meet narrowly missing out on a league championship, and qualified for the regional meet for the second season in a row! The junior high girls also had a great season. The 12 junior high girls, mostly seventh graders, were one of the best teams in the area as they won multiple meet championships and finished in the top part of all of their races. They finished with an overall record of 108-16 and finished 4<sup>th</sup> at the Middle School State Championships!

The high school boys had yet another great season finishing with an overall record of 152-34. The boys finished 3<sup>rd</sup> at the league meet losing only to state ranked Carey and Colonel Crawford. The boys also qualified for the regional meet once again and finished as District Runner-Up for the second season in a row! The junior high boys had an outstanding season as they finished with an overall record of 123-5! The boys won every meet they competed in except the Galion Invitational and the Middle School State Championships where they finished 3<sup>rd</sup>!

On top of all of the success, 45 out of the 56 runners in junior high and high school earned the SECC Academic Award (given to runners with a 1<sup>st</sup> Quarter GPA of 3.0 or greater). Our overall program GPA for the 1<sup>st</sup> Quarter was a respectful 3.46. This is an outstanding achievement for these student athletes as they represent the program both in the classroom and on the course!

We would like to thank all of our alumni for the support you provided throughout the 2016 season. Many of you provided assistance in different ways, and with your continued backing we are looking forward to representing the “tradition” of the Seneca East Cross Country Program in the years to come!

We are SECC!